



Five Rules for safe use of bicycle



① In principle, cyclists must ride on roadways and ride on the left ; only in exceptional cases may sidewalks be used ,and give pedestrians the right of way

★ Cyclists must in principle use roadways where there is a distinction between sidewalks and roadways.

★ Cyclists must proceed along the left edge of the road when riding along roadways.



★ If standard bicycles are permitted to be ridden on the sidewalk, you must keep to the roadway side, and proceed along at a speed that can be stopped immediately.

★ Cyclists must come to a stop if the bicycle's progress would prevent pedestrians from proceeding .

When there is a road sign or marking indicating that standard bicycles can use a sidewalk, it is possible for standard bicycles to ride along it.



② At intersections, Obey traffic signals and must come to a stop and check safety

★ Obey traffic signals and check safety when crossing a road

★ At Intersections where road signs or markings indicate that you must come to a stop, be sure to do so, and check both ways for safety before proceeding.



③ Use bicycle lights at night

★ Turn on bicycle lights at night without fail and be sure to riding a bicycle with reflectors.



④ Prohibited from riding under the influence of alcohol

★ Riding bicycles under the influence of alcohol is also prohibited as with a vehicle.



⑤ Wear a bicycle helmet

★ All bicycle users should wear a bicycle helmet in order to reduce the damage caused by bicycle accidents.

★ Persons responsible for the protection of elementary schoolers and infants must endeavor to make them wear bicycle helmets when allowing them to ride bicycles.

